

Thank you for your interest in becoming involved in the EXCEL Project! We'd like to learn more about you:

1. What is your fitness/exercise certification? (i.e., CSEP-CEP, ACSM-CEP, CSEP-CPT, ACSM-EP, NFLA trainer etc.)

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2. If Have you had experience working with cancer populations as a fitness professional?

Yes  No

If yes, please briefly describe your experience:

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3. Have you taken any additional relevant training?

Yes  No

If yes, please describe your trainings in exercise oncology:

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4. Are you employed by or have access to a rural community fitness centre or gym (once COVID-19 restrictions have been lifted, for in-person programs)?

Yes  If yes, name of town/facility: \_\_\_\_\_

No , But I am able to further explore connections for this and would like to be trained to offer online remote classes.

5. Do you have access to reliable internet or have a data plan that can support your delivery of Zoom-based exercise classes?

Yes  No

6. Do you have a device that can support your delivery of Zoom-based exercise classes (i.e., laptop, tablet or phone)?

Yes  No

7. Do you have a space where you can run Zoom-based exercise classes?

a. Enough space to demonstrate exercises

Yes  No

b. Basic exercise equipment, including therabands/powerbands, free weights

Yes  No

8. Are you able to attend a day-long (9am-4pm MST/12-7pm AST) webinar about Project EXCEL on **Thursday July 30<sup>th</sup>**?

Yes

No , But I am available on:

Friday July 31<sup>st</sup>

Saturday August 1<sup>st</sup>

Thursday August 6<sup>th</sup>

Friday August 7<sup>th</sup>

Saturday August 8<sup>th</sup>

I am not available for the above dates, so please keep me updated on next training days.

9. Will you be available to moderate EXCEL classes, to assist in your training, two days a week (1hr class plus 10-15 minutes before and after for prep/discussion) during our Fall 2020 session (classes will run September – December)?

Yes  No